

Principal's Note

"What you think, you become.
What you feel, you attract.
What you imagine, you create."

'I deserve a great life. I deserve to live a fulfilling life. I am capable of achieving my goals. I am open and receptive to the abundance of the universe.'



Words, as they say, have enormous power. They let us manifest to the universe and ward off any negativity that might surreptitiously try to embitter our lives. Manifestations thus tend to reorganise and restructure the tectonic construction that establishes our days and their happenings.

Manifestation involves developing a strong prospect for something we want to happen. But a mere creation of a want needs active movement towards executing it by visualising, affirming positively, and taking viable actions.

The guiding law behind manifestations is the energy believed to be emitted by the universe that responds and reciprocates, both positively and negatively. Using this power, one can fulfil one's aspirations and passions – the only imperative being the unwavering faith in the process and the scheme of things that lead ultimately to the determined goal for the fulfilment of it.

Olympian Michael Phelps had been a fidgety child. He went through a troubling time of managing his energy and focus. Guided by his swimming coach, his mother read visualising passages to him, helping him to learn techniques of relaxation simultaneously and clear his mind.

When we project our beliefs into something we desire and deserve, reality is created. Our dreams get into their real shapes. Oprah Winfrey says, "The way you think creates reality for yourself." Jim 'The Mask' Carey also visualised being acknowledged by Hollywood directors before making it to the top league. Virat Kohli, the ace cricketer once said, "I have seen it a number of times where my conviction in how I see the situation has been far more powerful than the doubts of thousands of people in the same place. In any situation, I believe I can do it."

So here's the mantra to transform your life and become what you seek – visualise, dream, manifest and most importantly – align your action!

- Ashish Agarwal

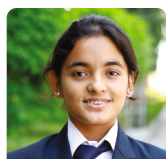
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Manifestation | Quantum Physics

And the intangible line in between

"Everything is energy and that's all there is to it. Match the frequency of the reality you want and you cannot help but get into that reality. There can be no other way."

Albert Einstein

From people to movies, from books to endless articles on the web, it is certain that you've come across the idea of Manifestation before. Without fault, the human mind makes sure to pose a question with fervent curiosity: Is manifestation real? While some impulsively believe in the magic of thoughts, sceptics vehemently demand validation of the amount of veracity that it holds.

The concept of "Manifestation" revolves around the Law of Attraction which states that each thought you have is a necessary element in crafting your reality and promises to attract substantial circumstances through positive thoughts. The idea widely involves the personification of the Universe wherein it is portrayed as a "listener to your thoughts that aligns your life with them". While it lacks concrete proof in the pursuit of modern science, many are influenced by the wonders it has brought to their lives since the ancient past.



In essence, regardless of the evidence this notion lacks concerning its Modus Operandi, methods of Manifestation have been proven as an important element in the journey of self-improvement for an individual. It has been confirmed to influence ways of thinking in a positive sense, leading to changes in behaviour and ultimately leading to the attainment of goals and fulfilment of wishes.

The bestseller "The Power of Your Subconscious Mind" by Joseph Murphy has shed light on this trending topic. Murphy explores the impact of fear and negative thinking on one's ability to achieve their goals and suggests ways to overcome these obstacles. He draws on a wealth of personal experience and research, giving the book credibility and depth so that readers truly unleash their true potential and effectively carve a path for themselves toward their desires. At the heart of the book, he argues that with the right mindset and tools, individuals can tap into their subconscious

mind to achieve their goals and live a fulfilling life. An insightful and practical guide to achieving success and happiness, the book emphasises practical tips for harnessing the power of the subconscious mind, thus offering readers a roadmap for personal growth and self-improvement.

In another relevant book "The Secret", author Rhonda Byrne cites a three-step process: ask, believe, and receive. The book encompasses chapters comprising the law of attraction, secrets to happiness, wealth, relationships, health, career, and life. The beacon light towards achieving our goals is to determine exactly what we want; the key is to be specific. This must be followed by an

unwavering, absolute faith in the divine energy universe that would remain steadfast despite what is brought about in the three-dimensional reality.

One must awaken an unwavering belief in his or her mind to swim toward the shore of

the fulfilled desire. Meanwhile, a positive mindset seeking enlightenment and upliftment must be instrumental throughout the process. One must enclose oneself within a bubble with thoughts catering sincerely to their priorities and erase any negativity that may cause them to appear. Thus, these steps agglomerate to leave an indelible impression on our intellectual subconscious mind, which further brings our desires to life.

Put simply, 'manifestation' means reconditioning the human brain to paint a rosy picture on the blank canvas of our wonderful imagination. The lifeline behind manifestation is faith; unconditionally believing in the unseen. It is a means for us to bring our desires to life. Ripples can be brought about in our realm through the power of focused energy emanating from our mind. The world is indeed our oyster.

- Arzoo Hajela (9D) and Siddhi Saini (9C)

Editor's Note

The transition from the norm of exclusive accessibility of art to a free-for-all environment that promotes easy access has been exhilarating. As a generation, we hold with us the ability to witness every aspect of an artist's journey and have otherwise unattainable references from every nook and cranny of the world. But in all of its lavishness, this gift has brought with it a predicament. In a world filled with unparalleled artwork, our imagination often falls short of our expectations. Walking amongst giants has not only made our artistic vision unobtainable but has also created an audience in our minds that we cannot please.

As I advocate separating your expectations

from reality, stepping back from deadlines and word limits to assess your creative adventures on your terms, I am stunned at the number of fluctuations I notice in my writing. Spinning myself dizzy with the constant back and forth, with little to no understanding of what the result will be, I would like to make a formal proposal. To simplify and relax, to paint a canvas only to never see it again, to together make a vow to have more faith and not judge as harshly.

Thank you for making this pit stop on your way to relish the rest of the newsletter. I hope you enjoy reading it as much as we, the members of the Editorial Board, enjoyed curating it!

- Devyani Sadho, Editor-in-Chief



CISCE REGIONAL SPORTS MEET 2023 (MP REGION)

The CISCE Regional Meet 2023 was a remarkable event with athletes from all over the state engaging in a plethora of different sports like Football, Basketball, Boxing, etc. The event provided a platform for participants to showcase their abilities, sportsmanship, and talent, and they were honored with awards and recognition, creating unforgettable experiences. The closing ceremony celebrated all participants, emphasizing personal growth and unity through sports, making it a remarkable event promoting holistic development.



COUNCIL DINNER

A week after the Investiture Ceremony, we bid adieu to the Student Council for the year 2022-23. The indispensable work ethic that encouraged them to take on leadership roles while recuperating from the quarantine, which had become a beacon of hope for the rest of us, finally received its much-needed acknowledgment. As they left their titles and duties, heartfelt anecdotes of the past year and members were shared by the principal and house leaders, and the wholesome environment served as a perfect goodbye.





FREEDOM WEEK & INDEPENDENCE DAY



Our celebrations extended from the elocution of patriotic poems and essays to the music and dances that fired up the stage with the passion and enthusiasm of our young entertainers. Along with the festivities on 15th August, a week of commemorating the freedom struggle preceded Independence Day. The activities of



the freedom week included class discussions on questions regarding the struggle for independence, delivering impromptu speeches about freedom fighters, and making posters showcasing our patriotism.



INVESTITURE CEREMONY 2023

Another year, another era of Billabong leaders to take charge. On 13th July 2023, a fresh set of young aspirants succeeded the previous student council in the Investiture Ceremony 2023. It was a day of celebrating the end of a beautiful year with council members who executed their duties with excellence and welcoming the newly elected council that will live up to the legacy encompassed in their titles.



INTER-HOUSE SIGN LANGUAGE COMPETITION



At the Inter-house Sign Language competition, students displayed remarkable talent, leaving a lasting impact. They enthralled the audience through their moving poetry and a stirring rendition of the National Anthem, making the silent auditorium resonate with their skills and passion.





Financial education should be considered a mandatory subject at school



In today's day and age, weaving a financially secure future is as crucial as reading and writing, however the key to that heavily guarded gate, for some reason, is hidden from plain sight! Visualise a world wherein students are handed the map to navigate the tricky labyrinth of finances and graduate not only with a diploma but also with knowledge on how to invest, manage debt and guide themselves towards prosperity instead of being steered by some "seasoned executive" sitting behind the title of a "CEO".

A topic that hits very close to us, students, is "student loans". The recent surge in student debt and credit card debt among young adults hints at the urgent need for financial education in schools. By teaching students about interest rates, compounding, and responsible borrowing, schools can help mitigate the debt crisis that often eludes individuals who are entering the workforce. Moreover, students with a solid grasp of financial principles are more likely to take calculated risks, create businesses, and contribute to job creation and economic development. This will enhance entrepreneurship among adults who in the current times are using trial and error to operate their business.

Adding to my arguments, a general population proficient in financial education adds to a more stable economy. Educated consumers make smarter spending habits and financial choices, contributing to economic development, and leading to the betterment of not only the people but also their mother country. This could break the infinite loop of poverty in countries like India, where doctors and engineers are the only people who are considered to be "doing good for themselves". Therefore, financial education can be a profound method of breaking stereotypes in developing nations.

Financial stress is one of the leading causes of depression.

According to a study held by the University of Nottingham, individuals entangling with debt are more than twice as likely to be depressed. Is this what our education has come to? Our education system, which claims to be preparing us for the future, not informing us on how to deal with such situations, is to me quite a paradox.

Insufficient financial knowledge makes individuals prone to scams, and predatory lending. With compulsory financial education, students will learn how to recognize and avoid these pitfalls, safeguarding themselves and their families from financial harm. Necessary financial education can prolong its benefits beyond the classroom. Students often share their knowledge with their families, leading to better financial decision-making across generations and fostering a sense of financial responsibility.

Lastly, financial education can play a vital part in mitigating economic inequality. By providing all students with the knowledge and tools to manage money effectively, we can help level the playing field and give everyone an equal opportunity to achieve financial success. The transition to adulthood is gate-kept by a tsunami of financial decisions. Rents, credit scores, investments, stock market influence, etc., will be better understood helping them tackle their adult responsibilities.

Conclusively, my stance on this never-ending debate is summarised by the need, the requirement, and the improvements this reform will bring not only to our current society but also to the generations to come.

- Ojasva Pratap Singh (8E)

In recent times, the topic of introducing financial education as a compulsory component within the school curriculum has gained substantial traction.

Proponents of this idea boast of its potential to furnish students with indispensable life skills. However, the query demands thoughtful consideration: Is mandating financial education as a core subject the most judicious course of action?

The domain of financial education demands educators endowed with an astute grasp of intricate economic principles, multifaceted investment strategies encompassing meticulous risk evaluation, and the finesse of strategic financial planning. The field of finance is constantly evolving, and staying up-to-date with the latest trends and regulations is essential to providing accurate information.

Unfortunately, we are faced with a scarcity of educators with the requisite qualifications to deliver such intricate topics comprehensively. This is not to say that they are absent, but educators well-versed in these disciplines predominantly gravitate toward esteemed educational institutes rather than local governmental institutions. With this being a compulsion, ill-equipped educators may be forced to navigate these complexities and propagate misconceptions.

Another primary argument against mandating financial education is the potential for curriculum overload. Schools already grapple with fitting essential subjects into their schedules, with as many as ten subjects already essential up until grade ten, adding another compulsory subject could lead to time constraints and inadequate attention to other subjects. In schools where resources are already stretched thin, introducing an entirely new curriculum might accentuate the strain on the existing educational framework. Thus, the focus should be on optimizing existing subjects rather than burdening students with an additional mandatory course. This uniform approach also remains oblivious to the diverse backgrounds and prospective ambitions of the student body.

Mandatory financial education assumes that every student's financial circumstances and aspirations are the same. While certain students may already command a robust foundation in financial literacy, others may have no interest in pursuing careers that require extensive financial knowledge. Imposing a standardised course upon all students risks stifling individuality and impeding personal growth.

Moreover, empirical evidence lends credence to the notion that individuals are more receptive when engaging with topics that genuinely captivate their interests. Forcing financial education upon students could lead to surface-level learning, as they may lack the intrinsic motivation to absorb and apply the concepts effectively. In contrast, when students have the choice to opt for subjects they are passionate about, they are more likely to retain and engage deeply with the material and develop a genuine understanding of the concepts.

Whilst the underlying intent of infusing financial education into the educational milieu is undeniably commendable, it is important to consider the drawbacks of such an approach. Recognizing the indispensability of financial literacy in an individual's life, institutions could consider integrating basic financial concepts into existing subjects like mathematics, economics, or social studies. This interdisciplinary approach exposes students to financial literacy without overwhelming their schedules. For instance, teaching financial aspects of budgeting and interest rates within math classes or discussing economic decision-making in social studies can offer practical exposure.

Within the kaleidoscope of educational evolution, choice and adaptability remain quintessential in safeguarding a holistic and enriching educational experience.

- Myra Mittal (12D)

YES

NO





The Power of Manifestation: Shaping Reality through Thoughts and Beliefs

Throughout history, the idea that our thoughts and beliefs hold significant influence over our experiences has captivated human minds.

This concept, known as manifestation, suggests that we have the power to shape our reality through the energy we emit into the universe. The very essence of this theme lies in the understanding that what we focus on, believe in, and actively work towards can manifest into tangible outcomes in our lives.

This article delves into the profound concept of manifestation and explores how it can empower us to create the life we truly desire.

At first glance, the notion of manifesting desires through thoughts might seem mystical or even implausible. However, emerging research in fields like psychology and neuroscience sheds light on the plausible connection between our minds and the world around us. The brain operates as an incredibly complex network of neural

connections that respond to our thoughts and emotions. Positive thinking can lead to increased levels of optimism, resilience, and motivation, thereby influencing our actions and shaping our reality in alignment with our aspirations.

One of the fundamental principles associated with manifestation is the Law of Attraction. This universal law posits that like attracts like, meaning the energy we emit into the universe, whether positive or negative, will be reciprocated. By focusing on positive thoughts and visualizing the desired outcomes, we draw those very experiences into our lives.

When we hold a strong belief in our abilities and the potential for positive change, our mindset naturally gravitates towards opportunities that align with our intentions. Consequently, we become more adept at recognizing and capitalizing on these opportunities, leading to the realization of our dreams.

Gratitude and affirmations serve as

powerful tools in the practice of manifestation. Cultivating a sense of gratitude for what we already have attracts more positivity into our lives. Acknowledging the blessings and joys that surround us fosters a mindset of abundance, amplifying the likelihood of attracting further abundance.

Affirmations, on the other hand, are positive statements that we repeat to ourselves, reinforcing our desired reality. By consistently affirming our goals, we condition our minds to believe in their possibility, allowing us to take inspired actions to bring them to fruition.

Manifestation is not solely about wishful thinking; it requires taking inspired actions aligned with our intentions. While positive thoughts are a catalyst for change, it is our proactive efforts that solidify our connection to the desired reality.

When we act in harmony with our beliefs, the universe responds by presenting us with opportunities and circumstances that support our



journey. Each step we take, no matter how small, carries us closer to the life we envision, and our determination becomes a powerful force in shaping our reality.

While manifestation offers incredible potential, it's crucial to address self-limiting beliefs that may hinder our progress. These beliefs, often rooted in fear and doubt, can sabotage our efforts, creating a disconnect between our desires and the reality we experience.

Through the journey of manifestation, we come to realize that we are co-creators of our destiny and active participants in the dance of life. As we align our thoughts and actions with our heartfelt aspirations, we embark on a transformative path, witnessing the profound influence our thoughts and beliefs hold over the experiences that shape our reality.

- Alayna Pachouri (7E)

Manifesting Miracles

"If you desire something passionately with all your heart, the entire universe conspires to help you achieve it," quotes Shahrukh Khan in the most iconic film of his of all times, Om Shanti Om, or as Santiago learns the power of desire during his odyssey in The Alchemist. These lines are no ordinary lines but an entire concept as a whole that speaks about the power of manifestation.

Manifestation, in psychology, means using our thoughts, feelings, and beliefs to bring something to our physical reality.

As you read this article, I want you to visualize something. Think of where you wish to be, achieving a goal or aim. Imagine the people around you, the setting, and the flood of emotions in your head. Let the beautiful feeling sink into your heart. What we have just done is manifestation. Science validates that practicing this technique can help you achieve your goal in reality. By visualizing your purpose, you send a signal to your subconscious mind, and it prepares itself to work for the aim.

However fanciful this idea might seem, some of our favourite stars credit their success to the practice of manifestation. Demi Lovato's tweet from 2010 reads: "One day, I'm gonna sing the national anthem at a Super Bowl," a feat she achieved in 2020. Jim Carrey describes manifesting his success by writing himself a ten-thousand-dollar cheque. Amazingly, he was able to cash it in years later after being cast in the lead role of Dumb and Dumber.

Edwin C. Barnes had one dream - he wanted to become Thomas Edison's partner. Barnes took up

the job of a sweeper and had no resources at all. He proposed a plan afterwards to sell the 'Epiphone', a discovery by Edison that could not do well in sales. The Epiphone is registered as a product invented by Edison but serviced by Barnes in the pages of history.

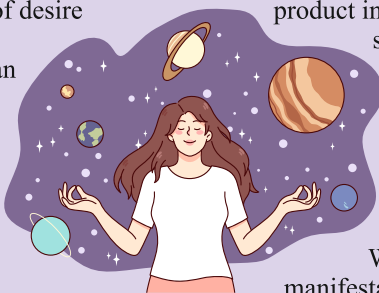
In 1994, Mr. Narendra Modi visited America as a party worker for the first time and got his photo clicked in front of the White House with a

manifestation that he would visit the White House as a Guest of Honour someday, which he did 27 years later.

Jamshedji Tata was denied entry for being an Indian into the Watson's Hotel in 1898. He manifested the idea of The Taj Mahal Hotel. Tata eventually turned it into a world-class experience despite all the hardships. Sudhanshu Mani, the innovator of the Vande Bharat Train, writes in his book, "My Train-18 Story", how he brought the train to life before it did in reality. The same was done by Metro Man of India, E. Shreedharan, and the Missile Man, Dr. APJ Abdul Kalam, as they progressed in their lives.

If people can rise from the most dreadful situations to where their hearts desire, we can also. Manifestation is incomplete without proper action and a positive growth mindset. With the help of this life-changing ideal, we can break through all possibilities and land where our hearts desire. As Oprah Winfrey rightly quotes, "The way you think creates reality for yourself."

- Kanishka Paltani (10B)



CHANDRAYAAN

Four years of meticulous hard work, patience, precision, and dedication by the ISRO, Indian Space Research Organisation's space scientists and engineers, starting immediately after the failure of Chandrayaan 2 on September 6, 2019 paved the way for the success of Chandrayaan 3. Its landing on the moon in the southern polar region made India, the fourth nation to land on the moon, and the first to do so on the moon's south pole, allowing it to create history worldwide for its outstanding moon mission.

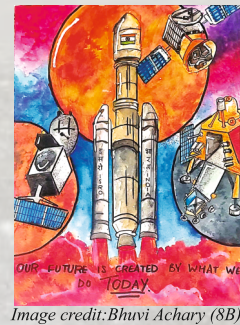


Image credit: Bhuvi Achary (8B)

On the 14th of July, 2023, ISRO launched Chandrayaan 3 at 2:35 pm in the afternoon, from Satish Dhawan Space Centre in Sriharikota, Andhra Pradesh, India. Chandrayaan 3 was attached to a three-stage medium launch lift vehicle, also known as the Launch Mark 3 Vehicle, Lvm3, which flew at a speed of 36,000km/h, high in the air, taking as long as six weeks to land on the moon's rocky surface. Chandrayaan 3 also carried a lander as well as a rover named Pragyan and Vikram to understand the thermal behaviour and explore the moon's rocky surface filled with craters.

The Chandrayaan 3 mission had three main objectives. One of the most important of them was to achieve as well as demonstrate a soft landing on the moon. The other two objectives included exploration of the lunar surface and the collection of scientific data. With millions of hopes and prayers being carried out all across India, on 23rd August, Chandrayaan 3 landed successfully on the moon, releasing the Pragyan rover and imprinting the national emblem of India, thus becoming a source of pride for all Indians worldwide. Chandrayaan 3 is expected to operate on the moon for 14 days, using the sunlight to explore the moon's surface and to carry out future exploration.

- Mritunjy Chowdhury (11B)



MANIFESTING A LIFE

In the depths of your mind, where dreams take flight,
Resides the power of pure manifestation might.
With thoughts as seeds, you plant your desire,
Watered by belief, fueled by fire.

From swirling chaos, the universe does mold,
As miracles unfold, your story is told.
With each intention, you give it wings,
As possibilities dance and destiny sings.

Through ups and downs, you persist and strive,
For you hold the key, to make dreams come alive.
Fear and doubt, may cloud the path you take,
But with unwavering faith, you'll never break.

Trust in the process, surrender to the flow,
As your desires effortlessly begin to grow.

So, dream big and believe in yourself,
For your thoughts shape your reality, no one else.
With gratitude and love, you'll find your way,
Manifesting a life, full of play.

- Mehrish Hasan (9C)

Image credit: humanbeans.blog

Becoming Reality

In the realm where dreams take flight,
Through the mists of starlit night,
Lies a force that's wondrous, true,
The art of manifestation, pursued.
Thoughts like seeds, within the mind,
Planted with intentions, defined,
Nurtured by belief's embrace,
Into the world, they find their place.

In the quiet of the soul's domain,
Lies the power to break the chain,
To weave desires into a tale,
Where hopes and destiny set sail.
Through trials of doubt and fear,
With courage as our trusted spear,
We shape the clay of fate's design,
In every choice and heartfelt line.

As dawn's embrace the night does chase,
With steady strides, we set the pace,
With unwavering faith in what we'll be,
The future unfolds, a tapestry.
With gratitude and hearts alight,
We watch our visions take their flight,
The universe conspires to bring,
The magic of creation, as we sing.

"Becoming Reality," the title bestowed, to this journey we
proudly rode,
Manifestation's art we've shown, in every breath, our power
grown.

- Pranavya Shrivastava (5C)

Image credit: pxfuel.com

Happy Thoughts On My Mind

If you fail, don't worry at all,
Nothing will happen my dear pal,
Just take care about yourself and your studies,
Everything else will be taken care of my dear
buddies.

Eat healthy food, have a good sleep,
Stay happy, please don't weep.
I am me and you are you,
We all are blessed, so don't feel blue.

Don't get furious, just stay calm,
You can draw a smiley on your palm.
Let's dream of the sun, moon and stars,
The tinkling glitters in my cookie jars.

Jump and play gleefully,
Let us all live peacefully,
Just be happy and take a deep breath,
You will get what you seek!

- Ishani Tarte (1F)

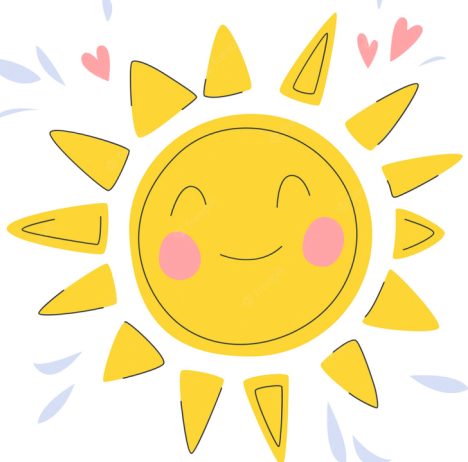


Image credit: meditativemind.org

The Dance of Manifestation

In the realm of thoughts where dreams take
flight,
In the starry night, wishes gleam so bright,
Manifestation's power weaves a thread,
Desires become reality as dreams are spread.

From the heart's deep well to the universe's
hold,
Into time and space, intentions are told,
With steadfast belief, the spark is lit,
Bringing to life, the dreams that are fit.

Thoughts like seeds, in the soil they rest,
Nurtured by focus, intentions at their best,
Energy follows where attention leads,
Revealing truth as reality proceeds.

With patience as our unwavering guide,
Destiny shaped by us, far and wide,
Life's canvas, a masterpiece we paint,
Thoughts and intentions, our will acquaint.

Yet in our desires, caution must play,
Selfish wants can lead dreams astray,
Harmony with all, intentions must be clear,
Manifestation brings a world, we hold dear.

So, let's dream with hearts full of light,
Through day and night, in sync so right,
Manifestation's force, deep and wide,
Where dreams and possibilities coincide.

- Aaditya Sharma (8E)

LET US MANIFEST GOOD VIBES

I can see a light, gleaming very bright,
though it is far of sight.
There may be many adventures and plight,
Be it day or night, I will surely give a tough
fight.

In case I sink while in the search of hope,
All I need is the search for a rope,
A rope of joy and freedom,
A rope to pull off and manifested words of
wisdom.

Life isn't a race,
I prefer to go at my pace,
No matter I triumph or fail,
This is my journey and I will sail.

Few days may be gloomy, few days will be
bloomy,
I manifest to achieve what I dream of,
No matter what comes my way,
I am here to stay and make my own contented
way.

- Kimaya Tarte (5F)

Good
Vibes
Only!

The Enchanted Journal

In a quiet village, nestled between rolling hills, lived a young girl named Maya. Maya was known for her vibrant imagination and her unyielding belief in the extraordinary. She often daydreamed about the impossible, filling her mind with stories of magic and wonder.

One day, while exploring the village's antique shop, Maya stumbled upon a weathered leather journal. Intrigued, she opened it to find a few faded pages filled with mysterious symbols and handwritten notes. The shopkeeper noticed her interest and explained that the journal was said to possess the power of manifestation.

Skeptical but curious, Maya purchased the journal and took it home. As the sun set, she began to read the notes within. They spoke of writing down dreams and desires in the journal as if they were already realities. With nothing to lose, Maya decided to give it a try.

That night, she penned her deepest wish: to witness a breathtaking meteor shower in the village sky. With a flourish, she closed the journal, a smile playing on her lips. She placed it under her pillow and fell asleep, her heart filled with hope.

The next morning, Maya awoke to whispers and excited chatter in the village square. She rushed outside to find the sky painted with streaks of light, a dazzling meteor shower that seemed to dance just for her. Amazement filled her heart, and she couldn't help but credit the journal for this incredible experience.

Energized by her success, Maya began to write more wishes in the journal. Each time, she poured her heart into her words, embracing the feeling of already having what she desired. With every entry, her world began to shift. She experienced newfound confidence and courage to pursue her passions.

One day, she wrote about wanting to learn from a wise sage who lived atop a distant mountain.



Image credit: deepai.org

Determined, she set out on a journey, guided by the journal's magic and her unwavering belief. The path was challenging, but Maya pressed on, fueled by the anticipation of meeting the sage.

Upon reaching the mountain top, Maya encountered the sage, a kind and knowledgeable soul who shared wisdom that enriched her heart and mind. Grateful beyond words, Maya realized that the journal had led her to not only manifest her dreams but also discover her true potential.

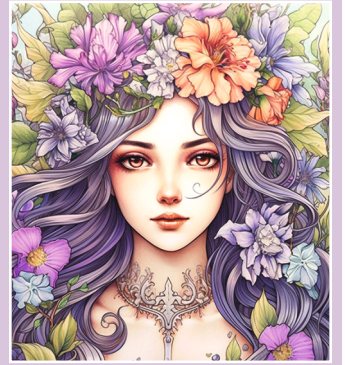
As the years passed, Maya's reputation spread far and wide. People came from all corners seeking her guidance on manifestation and the power of belief. She taught them to dream boldly, to write their desires with unwavering faith, and to embrace the magic within themselves.

And so, Maya's village transformed into a place of hope and possibility. The enchanted journal continued to inspire generations, passing along the legacy of manifestation. Maya, now older and wiser, smiled as she watched the village thrive, knowing that every dream begins with a single thought and the unshakable belief that it can come true.

- Atharv Jhavar (9B)

The Power Within

In a quaint little town, nestled among rolling hills and lush forests, lived a young girl named Mia. Mia possessed an extraordinary gift - the power of manifestation. She had the ability to turn her thoughts and dreams into realities. At first, she used this power innocently, conjuring up simple delights like colorful butterflies or sweet treats for her friends. However, as Mia grew older, she realized the immense potential of her gift, and its responsibility.



One day, a great darkness began to loom over the town, and fear and doubt consumed its inhabitants. The crops withered, and laughter turned to silence. Feeling the weight of her gift, Mia knew it was time to harness her powers for a greater purpose. With a heart full of determination, she closed her eyes and visualized a vibrant and flourishing town, brimming with joy and harmony. Slowly but steadily, the world around her began to transform. Flowers bloomed, laughter echoed through the streets, and hope returned to the hearts of the people.

News of Mia's miraculous abilities spread far and wide, and people traveled from distant lands seeking her guidance. Yet, Mia knew that true manifestation comes not only from extraordinary powers but also from believing in oneself and the power within. Through her teachings, she inspired others to find their inner strength and manifest their dreams into reality, creating a ripple effect of positive change across the world.

The town that once faced darkness now thrives, and its people learn to embrace their own powers of manifestation. Mia's legacy lived on, not only as the girl with a remarkable gift but as the guiding light that illuminated the path for others to unlock the magic within themselves.

- Pranaya Shrivastava (5D)

MANIFESTATION AROUND US

This story is about a little girl who used to admire her teacher at school a long time ago. She had a dream of becoming a teacher and educating students for their own good. She continued manifesting her idea of education when, suddenly, her parents decided to marry her at the age of 13. To take care of her family, she immediately needed to stop studying.

One day, she told her dream to her husband, and he promised to assist her in continuing her studies to fulfill her desire to teach. So, she again carried on with her education. After a few years, when she was 17, she had a daughter, but she still didn't give up studying as it was her only dream at that age, and she was sure she could succeed someday. She was obsessed with her desire to study. She didn't get that much time to study because of her daughter yet, she did not stop it.

After a few years, she graduated from 12th and soon she got a call letter from a school. She was only 19 when she got her first job as a teacher. Her life was not easy as the school was in an old



village, 2 kilometers away. After all that struggle, she didn't give up on her desire of becoming a teacher.

She had some daily affirmations to motivate herself. She used to say, "I am doing my best at my desire, I will not get demotivated, I am strong, and I believe in myself for getting better at what I am doing." She used to do the best she could, and because of her hard work, only after a few years, she got promoted to a better and more

advanced school, and was respected even more. She never knew that these self-motivating and manifestation affirmations could lead to a tremendous change in her life.

She worked at that same school for over 20 years. I am her grandson, and this story is about my Nani. I am 9, and till now I have seen her struggles in front of my eyes. She is a big inspiration to me. There is a quote by Shannon Miller that says, "Just because your life changes doesn't mean that your deepest passion has to." I think that this quote represents the thoughts of my grandmother in the days of her struggles. My grandmother has done a lot of arduous work for her biggest and the most useful manifest, of studying and tutoring the people who want to study. My grandmother earned all this success in her life as she 'Manifested' her desire. If a person wants to do something great in their life, they should set a goal and just focus on it until they earn it.

- Aabhas Mahour (5F)



This was a movie that played at our heartstrings while simultaneously showing off some comic relief with adventures that could be summed up using literal cardboard and tackling heavy topics like feminism. Starring the charming duo of Margot Robbie and Ryan Gosling, this film efficiently redefined what it means to be a modern-day Barbie instead of a stereotypical Barbie.

The movie starts with the typical life of Barbie being narrated, where she has the same day every day but as she wakes up one morning, her world turns upside down. To avoid becoming like "Weird Barbie," she visits someone in search of answers. As it turns out, the only way to fix this conundrum was to leave Barbie Land and go to the real world. So that is what she did. She got in her pink car and drove straight out of the seemingly perfect world to enter a world that would never accept her. Since Ken is nothing without Barbie, he accompanies her. Once they arrive, they go their separate ways, Barbie meets the people she needs to find and Ken learns about horses and how they rule the world. With purpose and a lot of pride, Ken goes back to Barbie Land, to turn it into a world where all the Kens and the one Alan reign supreme and all the Barbies have been brainwashed. When Barbie returns with her new friends, Gloria and Sasha from the real world, she goes through an identity crisis after seeing the horrible conditions of Barbie Land. After seeing Barbie facing the ground for so long, Gloria lifts her spirits with her legendary speech about what it truly feels like to be a woman. In the end, everything is brought back to normal in a true Barbie-like fashion.

From the very first scene, it was clear that this movie was more than just a trip down the memory lane. It was a movie that left many spellbound and it was packed with numerous cameos. In my opinion, the best and funniest cameo was John Cena as a merman, singing to Dua Lipa. I would like to end this review by saying that Margot Robbie did a fine job in the portrayal of Barbie as more than just a doll.

- Diksha Nitin Chotrani (10C)

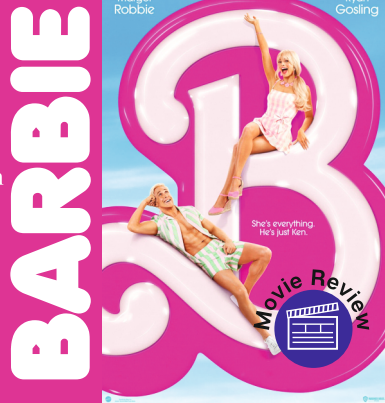


Image credit: themoviedb.org



Image credit: imdb.com

"Oppenheimer" is an exceptional cinematic triumph that transports the audience into the life of J. Robert Oppenheimer, a brilliant physicist who played a pivotal role in the creation of the atomic bomb during World War II. Directed with masterful precision by Christopher Nolan, the film takes us on an emotionally charged journey, exploring the complex character of Oppenheimer, brilliantly portrayed by Cillian Murphy. Nolan flawlessly captures the moral complexities and personal struggles faced by Oppenheimer as he grapples with the far-reaching consequences of his

creation. The narrative is both thought-provoking and emotionally resonant, leaving the audience questioning the nature of humanity's pursuit of power. The visual splendour of the film, accompanied by an evocative score, elevates the storytelling to new heights.

The film meticulously recreates the atmosphere of the Manhattan Project era, enveloping audiences in a world of meticulous period details, from the intricacies of laboratory equipment to the subtle nuances of interpersonal dynamics. It delves into the moral ambiguity of scientific advancements, sparking contemplation on the ethical ramifications of groundbreaking discoveries. The juxtaposition of Oppenheimer's personal struggles with the monumental events of World War I lends the narrative a palpable sense of urgency and consequence.

Nolan's signature filmmaking style weaves together breathtaking visuals and a gripping storyline, leaving the audience on the edge of their seats throughout. The film ingeniously captures the essence of scientific curiosity, moral dilemmas, and the weight of history through the remarkable life of J. Robert Oppenheimer. It is a thought-provoking, powerful, and unforgettable cinematic experience that will resonate with viewers long after the credits roll.

- Vaibhav Mishra (9B)

The FNAF Security Breach DLC titled "Ruin," developed by Steel Wool and published by Scott Games, unveils a captivating chapter in the franchise's evolving storyline. The tale unfolds in the aftermath of the cataclysmic events that led to the destruction of the mega pizza plex in the original game's conclusion. Cassie, a young girl, embarks on an intriguing journey as she ventures into the remains of the pizza plex. Here, she stumbles upon a Roxy Talkie that forges a connection with Gregory, the central character from the previous game. Gregory tells Cassie that he is trapped beneath the ruins of Roxy Raceway, and Cassie needs to rescue him,

As Cassie commences her daring mission to rescue Gregory, she encounters a remarkable robot known as Mask Bot, evoking nostalgia with its reference to the original game's Map Bot. The Mask Bot gives Cassie a mask that infuses her surroundings with a surreal, glitch-infused palette of purple hues. Guided by the mask's AI persona, Helpi, Cassie delves into the depths of the "Virtual Augmented Neural Network Integration Unit" (V.A.N.N.), enabling her to navigate intricate puzzles and manipulate distorted objects. Yet, her journey is overshadowed by the ominous presence of a malevolent glitching rabbit, aptly dubbed "The Entity."



Image credit: fandom.com

This DLC not only expands the storyline but also addresses some issues present in the original game. Gone are the sprawling yet empty corridors of the mega pizza plex, replaced by a more focused and engaging environment. The once-distracting neon lights, which somewhat diminished the fear factor, have been dialed down, creating a heightened atmosphere of suspense and unease. This DLC not only adds depth to the narrative but also demonstrates a keen awareness of refining gameplay elements for a more immersive and genuinely chilling experience. As a dedicated horror enthusiast, I wholeheartedly recommend the "Ruin" DLC for FNAF: Security Breach to fellow fans of the genre. This expansion not only enriches the series' storyline but also brings a breath of fresh air by addressing previous concerns. The focused and engaging environment, coupled with the toned-down neon lights, amplifies the eerie ambiance and provides a genuinely spine-chilling experience. With its intriguing narrative, innovative gameplay mechanics, and a renewed commitment to delivering scares, I am thrilled to give the "Ruin" DLC a resounding thumbs-up and a high rating. It's a must-play addition that captures the essence of horror and delivers it in an enticing package.

- Yashowardhan Singh (6F)



Image credit: themoviedb.org

Bawaal is a modern romance-drama movie, available on Amazon Prime. The movie quite phenomenally explores the dynamics of human nature, relationships, and self-awareness relating contemporary issues directly with historical events. Varun Dhawan, acting

as Ajay (Ajju), is an extremely self-centred, image-conscious man. He is a lacking teacher, and a self-acclaimed "celebrity", portraying his image of lies. He gets married to a beautiful, independent, over-achieving girl, Nisha, played by Jahnvi Kapoor. Nisha suffers from epilepsy, but she hasn't had an episode in a decade, she makes this fact clear to Ajay the day they met. Ajay accepts her, trading her "cons" for her "pros", but on the day of their marriage due to the immense amount of nervousness, Nisha faces an uninvited seizure, witnessing which Ajay realises that something like this happening in public could possibly ruin his "persona." In the nine months of their marriage after that day, Ajay never took her out or introduced her to anyone, and Nisha was left to be miserable at home. One day when Ajay acts out of anger while taking a history class and slaps one

of his students, he gets suspended from his job; not to mention, that the child belonged to an influential family. When he finds his public image crumbling down, he decides to take a trip to Europe, claiming to repent and pretending to conduct online classes about World War II from the actual place itself, all at his own expense so that the people recognise his "sincerity and dedication" towards his job and "concern for his students' education"; he also mentions to his parents that he is going to take Nisha along with him so that he can mend their broken marriage; all of which is a lie. In reality, he planned all of this just for show, so that his image survives and he gets his job back. However, after they reach Europe, Ajay and Nisha split and go along their own way to explore the country. By the end of the day, Ajay having had a horrible experience, asks Nisha who enjoyed her time not focusing

on technicalities, to accompany him. From then on, Ajay learns the ups and lows of life from Nisha, the war, the survivors of the war and the actions of the man himself- Hitler. He learns how to cherish relationships and loved ones, and that if he ever was forced to pack his entire life in one suitcase- he'd rather pack his good memories and not materialistic possessions; that all relationships go through an 'Auschwitz period' and that, despite all of Hitler's influence and charisma, he lived a lonely life and died a lonely death. I believe "Bawaal" holds the potential to make its audience cry a little, laugh a little and think a lot. Being quite true to its title, it will definitely stir an 'uproar' of emotions in your heart.

"What we know matters, but who we are- matters more."

- Brene Brown

- Vigyani Suman (11B)



MILLET THIN-CRUST PIZZA

Ingredients for the dough:

- Jowar flour: one cup
- Water: one cup
- Salt to taste
- Oregano: half tsp
- Chilli flakes: half tsp

Ingredients for the topping:

- **Pizza Sauce:** 1 cup
- Vegetables of your choice. (Capsicum, Onion, Mushroom, tomato)
- **Pizza Cheese:** Half cup
- Oregano (according to taste)
- Chilli flakes (according to taste)

Method:

1. Add salt to water and bring it to boil.
2. Turn off the gas and add the remaining ingredients
3. Cover for 15 minutes
4. After 15 minutes knead it with 1 tsp of butter
5. Make chapatis and cook them in the pan.
6. Take the chapatis and spread the toppings, and add lots of cheese on top
7. Place it on a pan. Cover and cook until the cheese melts.



Image credit: Aarna Maheshwari

- Aarna Maheshwari (5B)

Multigrain Muffin

Ingredients for batter:

- 1/4 cup oil (or softened butter)
- 1/4 cup curd
- 1/3 cup powdered sugar
- 1/2 tsp vanilla essence
- 3/4 cup milk
- 1 cup multigrain/ whole wheat flour (once sieved)
- 2 tbsp cocoa powder
- 1 tsp baking powder
- 1/2 tsp baking soda
- Pinch of salt (when not using salted butter)

Ingredients for frosting:

- 2 tbsp softened butter
- 1 cup powdered sugar
- 2 tbsp cocoa powder
- 1/2 tsp salt (if using unsalted butter)
- 1 tbsp hot water

Method:

1. Mix oil/ butter, curd, sugar and vanilla essence with a beater until light and fluffy.
2. Add 1/2 cup milk and mix well.
3. Sieve and add to the above mixture- flour, cocoa powder, baking powder, baking soda and salt.
4. Mix gently and then add the remaining milk; keep mixing till smooth lump-free batter is ready.
5. Pour the batter into paper muffin liners in muffin tray, filling them up to the 3/4th of their capacity. (makes about 6 muffins)
6. Preheat the oven at 180° C for 10 minutes. Now bake the muffins at 180° C for 20/25 min.
7. Check after 20 min with a toothpick if baked properly.
8. Tasty and healthy muffins are ready to relish. You may like to enjoy them more by adding frosting (recipe below), choco-chips or sprinkles!
9. Mix all the ingredients for the frosting (except water) in a bowl.
10. Add the hot water into it slowly and whisk well until smooth.
11. Decorate the muffins with this delicious frosting to your heart's content!



Image credit: Aashvi Parikh

- Aashvi Parikh (6E)

TRAVELOGUE

Summer Delights in Lucknow: Exploring Lulu Mall and Reuniting with a Friend

My summer vacation in Lucknow, especially the visit to Lulu Mall and the reunion with my dear friend, created cherished memories that will remain etched in my heart forever. The combination of shopping, adventure, the culinary treasures of Lucknow, and bonding made this trip a truly unforgettable experience. I carry back with me not only souvenirs but also a heart full of happiness and a renewed sense of friendship.

- Mohammed Amin (10A)



Image credit: Mohammed Amin

Rain and Resilience at Juhu Beach

My vacation in Mumbai, amidst the rain and flood warnings, turned out to be an extraordinary enchanting experience, thanks to the charming of Juhu Beach and the city's resilient spirit. Despite the monsoon's unpredictability, the people of Mumbai embraced the rains with open arms, showcasing their unwavering positivity in the face of challenges. Juhu Beach, with its lively atmosphere and delectable street food, offered a glimpse into the heart and soul of Mumbai's vibrant culture.

The nearby shopping markets were a treasure trove of unique finds, and the enthusiasm of the shopkeepers added to the overall charm.

As I bid farewell to the city, the memories of Mumbai's beaches amidst the rain served as a beautiful reminder of the power of positivity and the unbreakable spirit of its people. Whether facing the elements or tackling life's obstacles, Mumbai's residents demonstrated that embracing positivity can truly illuminate even the darkest of days.

- Alayna Pachouri (7E)

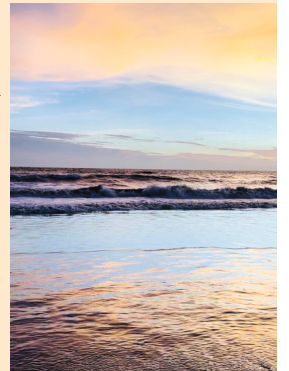
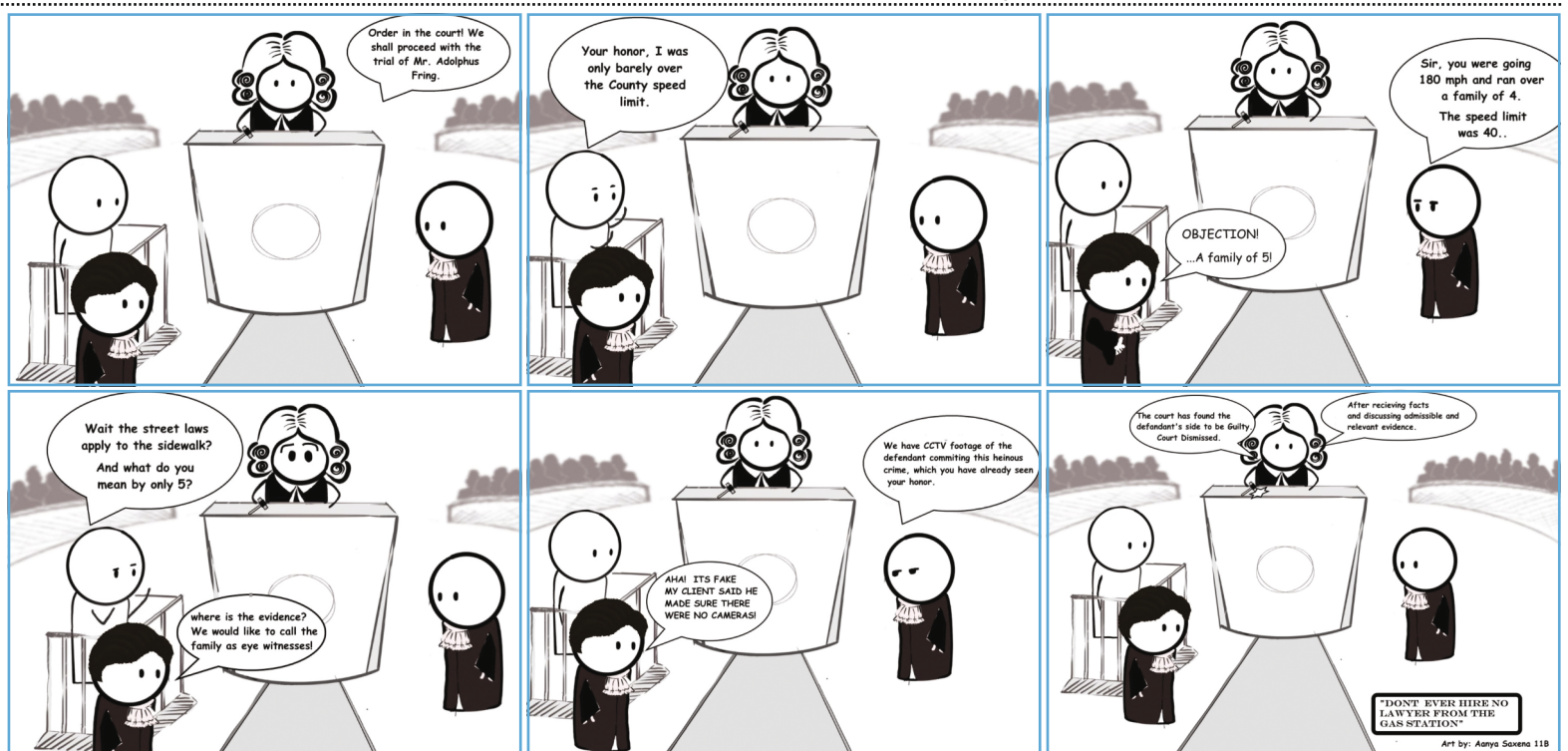


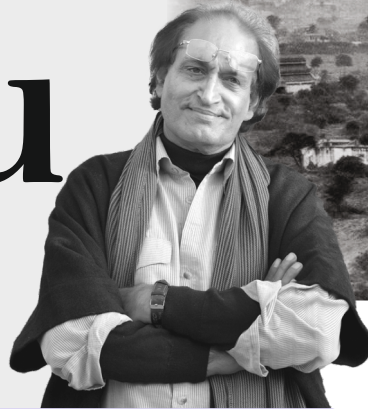
Image credit: Alayna Pachouri

COMIC STRIP





Tête-à-Tête with Raghu Rai



Padma Shri, Lifetime Achievement Award,
(National Photography Awards),
Photographer of the Year (USA),
Officier Des Arts Et Des (France)



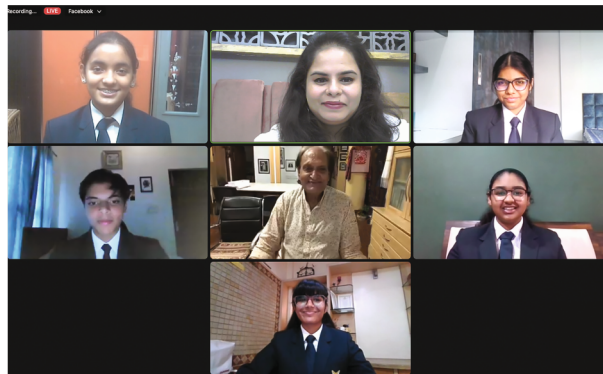
Image credit: raghurairfoundation.org

Excerpts from the Interview

Q You have worked for various newspapers such as Sunday, India Today, and The Statesman, and your photographs have been published in even more media outlets. How did you venture into photography and photojournalism in particular?

I had no plans of becoming a photographer, as I had a background in civil engineering and was working for the government. However, I didn't enjoy the typical nine-to-five job, so I decided to stay with my brother Paul, who was the chief photographer at Indian Express. For the first couple of years, I didn't have a clear direction. One day, my brother's friend, who wanted to become a photographer like me, came to visit. He mentioned that he was going to his village to take pictures. I asked if I could join him for a few days, and my brother agreed. Just before leaving, I asked my brother if he could give me a small camera to take some pictures as well. He loaded a film in the camera and provided me with guidance on exposure and focus.

We went to a small village in Haryana, which fascinated me as I had always been close to village life during my childhood. While my brother took pictures in the streets and attracted a crowd of children, I observed without any intention of becoming a photographer. However, I noticed an old woman with a cane and glasses, watching the children with amusement. After my brother finished taking pictures, I decided to take their pictures on the condition that they line up on both sides, so as not to create chaos. I positioned the old woman in the centre and the children on either side, peeking their heads out from the line. With a warm smile, I asked them not to move while I took the picture. The children didn't listen, but then the old woman said something beautiful that I'll never forget. She said that everyone who gets photographed with me will become my children. I captured a picture with the old woman in the centre and the children around her, which became one of my favourites. Another picture I took was of a baby donkey, which looked funny and cute. To amuse the children, I ran after the donkey, and when it got tired, I captured a picture of it standing still against the evening landscape. When my brother developed the film, he was impressed with the photos. He submitted one of them, the baby donkey picture, to the Times newspaper in London. It was published the following week with my name, and my brother was proud of my achievement. This unexpected success led me to realize that photography could be my path. I asked my brother to give me a professional camera, which I used to take pictures in the streets of Delhi. In the evenings, I would process the film in a bathroom since I didn't have a darkroom. Despite the challenges, I was determined to pursue my passion for photography.



Q Your work often tells powerful stories. How do you choose subjects that have a strong narrative?

Working for a daily newspaper, I didn't initially choose my assignments. I was assigned to cover political stories and cultural events. This opportunity was meaningful and fortunate because I had the chance to attend important happenings. However, there were other photographers, including my brother and Kishor Parekh from Hindustan Times. They were more experienced and established. I found myself sandwiched between them, which created a competitive environment. I worked hard and developed instinctive responses to situations, which became more valuable than just keeping news or ideas in mind. This allowed me to reach great heights in my photography. The competition was tough, but every assignment presented a new challenge. Trusting my instincts, which came from divine and natural sources, helped me capture more than just news photos.

Q What elements do you believe are crucial for making a photograph impactful and memorable?

Aspects come your way, and their alignment and expression unfold in the process. These elements are born out of social and political situations, with a certain energy. You respond to them, and they shape your perspective. It's a way of living beyond the mind space. While politicians, businessmen,

maybe scientists and even some smart people may think thoroughly, creative people are artful, soulful people who live by their feelings and instinctive responses. Creativity happens naturally to them.

Your work is often based on the local people of this country. What inspired you to weave your art around their lives and make it a platform for their self-expression?

It's very simple. Who am I? I'm an Indian. Where do I live? In Delhi. Where do I go? That would be all over the country. So the people of this country are everything to me because I am one of them. I like to connect with the people daily in life. Significant events come in good political, social or cultural ways. Most of my work is based on the ordinary daily lives of the people and how they manage to live their lives emotionally, socially, and culturally. So that is the basis even for the biggest novelists and writers.

Q Back in the 1960s, photography was not a very popular career. How did you overcome hurdles such as limited access to good-quality cameras and films?

Unlike today where there are so many camera brands available such as Sony, Canon, Nikon and many others where you can go to the market and pick up any camera, any lens. But in our times getting a camera was a huge thing and getting lenses was once in a while. If some foreign photographer had come and fell short of money and he's leaving he would try to sell the lens and you could buy that lens. We didn't have the opportunity to buy lenses of our choice and we didn't have the choice to pick up any camera that we would like to buy. So we utilized whatever was available. So I did my 2-3 early books, you know, especially when I went to Bangladesh or I had these three lenses, standard lens, 28 wide angles and 200. I did a whole book during my whole journey with Bangladesh refugees. The war and the surrender, everything with these three lenses and I can't say, looking at my photographs, that oh, I wish I had that lens. You know because you begin to adapt and you begin to learn to use this phrase through the lenses you have. And when you have too many lenses, they become very confusing because you have this land, you have that wide zoom lens, you have telephoto zoom. So, you know it becomes really confusing and when young students come, the first thing I tell them to only use the kit lens. It helps you to understand the space you're going to get.

Q What piece of advice would you give to aspiring photographers who are looking to get into this industry and make a name for themselves?

The people and the industry are different. Creative photography is different because those who get into the industry, see big foreign magazines, they see those lenses and they copy them. That is the state of the industry. When you see things happening in front of you, you respond to the aliveness, to the vibrations and take pictures and resonate with them. So if you take a similar picture you are repeating somebody else's idea. One should not try to ape all the good pictures which have been taken or which you've seen before. Because nature and God have so much more to offer. You must expand your understanding further than ideas, creativity happens beyond ideas and you have to interact with daily life, with nature, with clouds, with stars, the way you feel them and convey it in the way you feel them. To be able to appreciate your work without comparing it to another, especially in this modern day and age where people try to govern the quality of a photograph through the likes it gets. One should never fall into this state of comparison. I do my things, and I explore my ideas even today, but I can't get my camera with me all the time every day. Even today that's another very important aspect. Carry your camera with you, ready to choose, no matter where. Because you never know what situation will unfold itself in a moment, and you can capture a moment which can never be defined again. So this is where our creativity takes place and originality presents itself.



“A photograph has picked up a fact of life, and that fact will live forever.”
- Raghu Rai



Sumayya Faiz (8D)



Videhi Chugh (7F)



Aliya Ali (11D)



Ronak Lokwani (10C)



Naman Singh Mewada (10A)



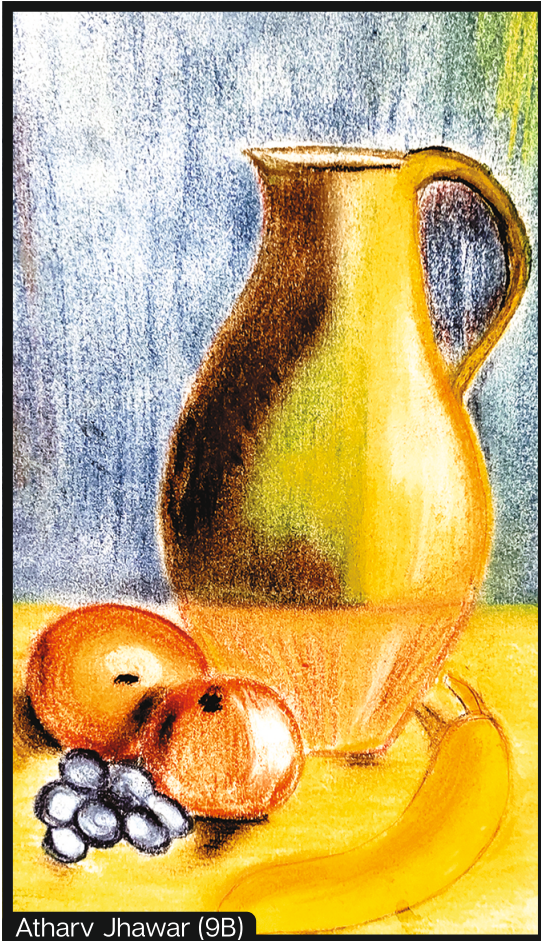
Reet Lakhanpal (10F)



Anay Agarwal (4B)



Nakul Singh Pramar (8F)



Atharv Jhawar (9B)



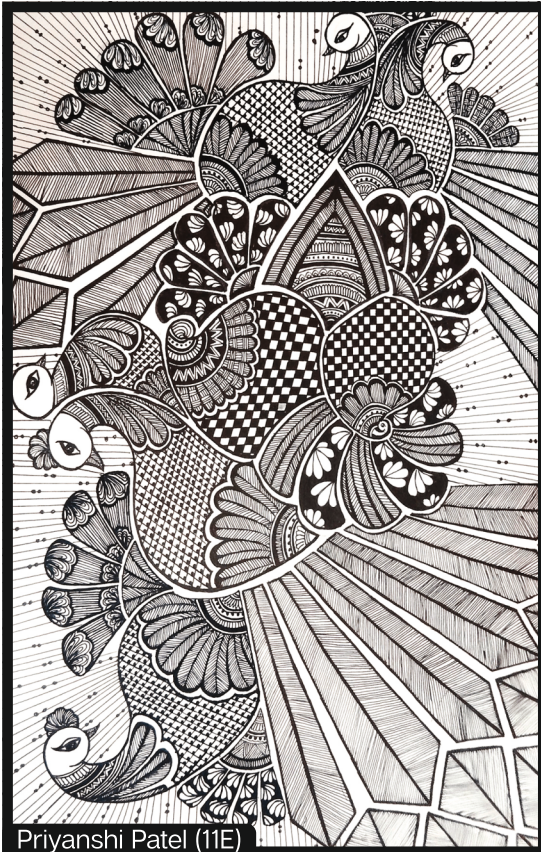
Anayah Jabbar (4B)



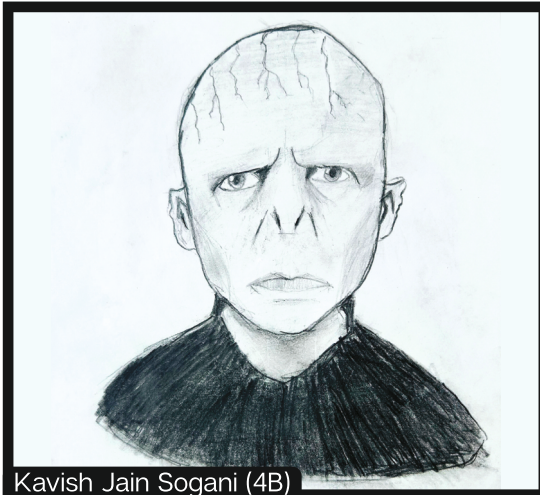
Rudrakshi Singh Dawar (8A)



Ishpreet Kaur Devgun (7F)



Priyanshi Patel (11E)



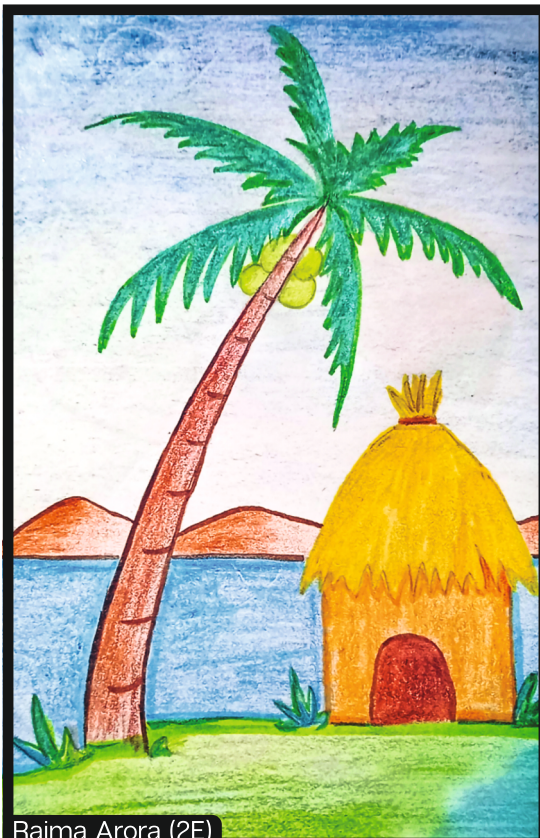
Kavish Jain Sogani (4B)



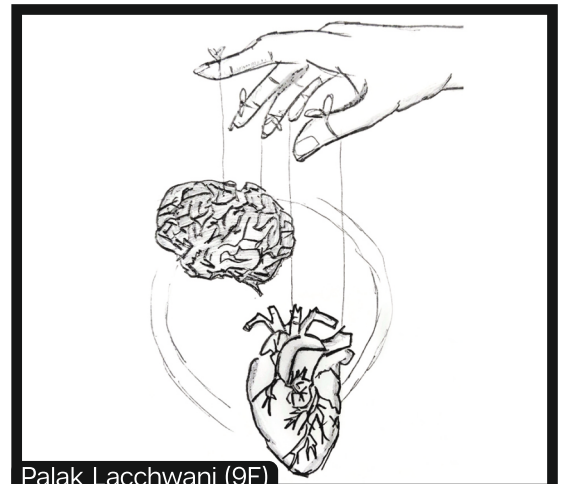
Avyaa Vishwakarma (5D)



Yojan Chaurasia (3B)



Raima Arora (2E)



Palak Lacchwani (9F)